

APRICOT PEACH SMOOTHIES

Fran West

1 can (5.5 oz.) apricot nectar
1 medium rip banana, frozen, cut into chunks
1 cup (8 oz.) vanilla yogurt
2 cups sliced peaches
1 Tbsp. lemon juice
1 Tbsp. honey
1 tsp. grated lemon peel
6 ice cubes

In a blender or food processor, combine all ingredients. Cover and process until smooth.
Pour into glasses and ENJOY!